

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lize Van der Merwe**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2018 #5**

held at Cowhouse Market.

**TIME 01:27:44**

**PACE 05:49/km**

**OVERALL 8 of 15**

**GENDER 3 of 7**

**14 - 19 2 of 2**

12 August 2018, Sun

Date



*BoutTime*

Signature

